



FALL ACTIVITIES:

All About Me

**TODDLER & PRESCHOOL ACTIVITIES
FOR ALL SUBJECT AREAS**

info@lilhandsbusyminds.org

www.LittleHandsBusyMinds.org

Follow us on Social Media!

Twitter: [@lilhandsbzminds](https://twitter.com/lilhandsbzminds)

Facebook: [lilhandsbusyminds](https://www.facebook.com/lilhandsbusyminds)



Thanks for Downloading!

We hope you find this activity packet useful for your children. Our Little Hands, Busy Minds (LHBM) team has created numerous activities for all subject areas; each one is aligned with Connecticut's Early Learning and Development Standards. All activities are age-appropriate and designed for young learners in home school settings, day care programs, family day care, and group day care homes.

In addition to digital downloads like this, we offer units in weekly, monthly and quarterly formats. In order to meet the needs of all classrooms, we also offer mini-units covering holiday themes and other important occasions. Moreover, we have three seasonal hardcover books (Fall, Winter and Spring) with a buffet of project ideas to help teachers and caregivers plan fun daily activities for toddlers and preschoolers. Every activity proposed in our books has been created and tested in a preschool classroom, which makes our curriculum practical and teacher-friendly.

The LHBM team is aware of the importance of helping children enjoy and learn from their community. For this reason, we have patented our very own walking rope with safety belts—the Tot Trotter. Our rope is perfect for field trips and other group outings. It is customized to meet the needs of your class size and age group.

Please feel free to email us at info@littlehandsbusyminds.org if you have any questions about our products. For more information, you may also visit our website at www.littlehandsbusyminds.org.

Thank you,

Jacqueline Salazar De Lopez

LHBM Team - Educator and Author

www.LittleHandsBusyMinds.org

PLANNING WEB

<p style="text-align: center;">Learning Center: SOCIAL</p> <ul style="list-style-type: none"> Display each child's family tree and provide time for children to talk about it 	<p style="text-align: center;">Learning Center: MATH</p> <ul style="list-style-type: none"> <u>Measure Me Activity</u>: Measure the height of every child in the classroom 	<p style="text-align: center;">Learning Center: Language & Literacy</p> <ul style="list-style-type: none"> <u>I Like Me</u> by Nancy Carlson Additional books: <u>Just Like Daddy</u> by Frank Asch Bullard 	<p style="text-align: center;">Group Time</p> <p><u>Small Group</u>:</p> <ul style="list-style-type: none"> Read stories one-on-one to establish a relationship with the child <p><u>Large Group</u>:</p> <ul style="list-style-type: none"> Play Teddy Bear, Teddy Bear Turn Around
<p style="text-align: center;">Learning Center: DRAMATIC PLAY</p> <ul style="list-style-type: none"> Set up the dramatic play area as homelike and cozy as possible with a sofa or a chair, children's pictures, etc. Conduct a "Show and Tell" session for each child to show and describe his/her family tree to the class 	<p>Standards Covered:</p> <ul style="list-style-type: none"> Participate in structured and unstructured physical activities (Physical Health & Development) Identify personal characteristics, preferences, thoughts and feelings (Social-Emotional) <p>Story/Theme:</p> <ul style="list-style-type: none"> <u>I Like Me</u> by Nancy Carlson <p>Diversity:</p> <ul style="list-style-type: none"> Display pictures of children of different races and abilities 		<p style="text-align: center;">Routines/Transitions</p> <ul style="list-style-type: none"> <u>Gathering Song</u>: <i>Sung to the tune of "The Farmer in the Dell"</i> It's time to go outside It's time to go outside Hi-ho the dairy-oh It's time to go outside <p style="text-align: right;">Jacqueline Lopez</p>
<p style="text-align: center;">Learning Center: CREATIVE ARTS</p> <ul style="list-style-type: none"> "Me Book" Project Handprints "Ten Little Fingers" Rhyme Footprints "Hokey Pokey" Movement Body Prints 	<p style="text-align: center;">INDOORS OUTDOORS</p> <p><u>Indoors</u>:</p> <ul style="list-style-type: none"> Act out rhymes <p><u>Outdoors</u>:</p> <ul style="list-style-type: none"> Play "Ring Around the Rosie..." 	<p style="text-align: center;">Physical Health and Development</p> <p><u>Healthy Snack Idea</u>:</p> <ul style="list-style-type: none"> Make a "Me Face" 	<p style="text-align: center;">Learning Center: SCIENCE/SENSORY</p> <ul style="list-style-type: none"> Ask children to bring water toys from home to add to the water table for "Me" week Explore fingerprints

CLASS GOAL

HELP THE CHILDREN
GET TO KNOW
EACH OTHER

Day #1



Art Activity

Help children understand and represent all nationalities in their communities by adding skin tone markers, crayons or paints to the art center. Have each child choose the media of his/her choice. Let the children draw and color a portrait of themselves.



Circle Time

Start Circle Time by singing "I am Special" and let each child have a turn singing the song. Then introduce the book I Like Me by Nancy Carlson. After reading the story, write on chart paper (*see explanation on how to create your own chart below*) the things children like about themselves (hair, eye color, clothes, food, games), pointing out their similarities and differences.



Circle Time Chart

One easy way to make a daily chart is by taking pictures (passport size or smaller) of every child in the class. Draw a header for your question and two columns on a piece of white poster board. Glue each child's picture in a cell. Laminate the poster board. Using a black dry erase marker, write the child's response to your daily question. Clean your board with a baby wipe.



Game Play

Mirror "Me" Expressions: This game can be played with all children indoors or outdoors. Invite children to sit in a circle. Ask a child to stand up and act out a mood - surprised, sad, mad, happy, bored, etc., or simply make a movement. Let all the other children sitting down "mirror" his/her facial expression or movement. Continue the game until all players have had a turn.



Water Play

Ask the children to bring water toys from home to add to the water table for "Me" week. As children play with water, they begin to understand why some objects sink while others float (cognitive/problem solving skills).



Writing Center

Paper Dolls: Trace bodies on construction paper of different skin shades. Cut out dress-up clothes out of construction paper (or buy them from an educational store). Make copies of every child's face and laminate them. Let children choose and decorate the dolls as they please.



Music Time

Gather all children in a circle. Encourage each child to talk about what makes him/her special. Invite children to share some of their talents with the group (jump high, recite a finger-play, sing a song, etc). Then, help children memorize the lyrics of the following song:

I AM SPECIAL

Sung to: "Frere Jacques"

I am special, I am special,
Yes, I am,
Yes I am,
...I can count to five
...I can touch my toes
...I can jump up high, etc.
Just watch me
Just watch me!